Worldviews
Mr. Myers

Psychology Introduction—The Questions and Issues

1. Definition of psychology:
	1. “the study of the soul”
	2. “study of the human mind and its functions, especially those affecting behavior”
2. The big questions:
	1. What is it to be a human?
	2. What are the components that make up the human person?
	3. What is the relationship between the body and spirit, between the mind and the brain?
	4. Where is identity located? What is the real me?
	5. What is at the center of the person?
	6. What is the relationship between the mind, the spirit, and the physical? What is going on in psychological disorders?
	7. Is human nature fundamentally good or bad?
	8. How should problems of the mind be solved? (fears, anxiety, depression, wrong desires, nightmares, addictions)
	9. What is guilt? What is the solution for it?
	10. What makes people do what they do?
	11. What is the role of counseling/psychological therapy and how should it be practiced?