Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Health

Study Sheet for test 4

Facts to know

|  |  |
| --- | --- |
| System that brings oxygen into the body  Eight vitamins that work together  Continuous activity without rest  Where most food is digested  What you might develop if you don’t get enough iodine  Measurement of the amount of energy stored in food  Digestive juice in the mouth  Smallest blood vessels  The cage for your heart and lungs  The number of bones in your body  Rough parts of fruits and vegetables  Where red blood cells are manufactured  Most common mineral in your body  What carries blood away from your heart  What helps clot blood  Tooth that cuts  Another name for the windpipe  Which blood cells fight diseases  What red blood cells carry  Another name for the heart  Largest organ in the body  Liquid part of your blood | Respiratory  B vitamins  Aerobic exercise  Small intestine  Goiter  Calories  Saliva  Capillaries  Ribs  206  Fiber  Bone marrow  Calcium  Arteries  Platelets  Incisor  Trachea  White  Oxygen  Cardiac muscle  Liver  Plasma |

Know the ways to be a good friend

Be considerate of others.

Be yielding.

Be a good listener.

Be loyal.

Know the parts of the alimentary canal in order

Mouth

Esophagus

Stomach

Small intestine

Colon

Spiritual armor

|  |  |
| --- | --- |
| Assurance of salvation  God’s Word as an offensive weapon  Faith  Truth (God’s Word)  Peace  Righteousness | Helmet  Sword  Shield  Belt  Shoes  Breastplate |

Labeling diagrams

|  |  |
| --- | --- |
| Skeletal system  Carpals  Femur  Fibula  Humerus  Patella  Phalanges  Radius  Scapula  Sternum  Tarsals  Tibia  Ulna | Heart  Aorta  Left ventricle  Right ventricle  Left atrium’  Right atrium  Pulmonary artery  Pulmonary vein  Vena cava |

Know how to introduce two friends to each other.