J O U R N A L **O N E** C H A P T E R 1 A

* Relate your conversion experience. Did God speak to you through a dream, someone’s words, or a message at church? Write especially about the feelings of guilt or sin which drove you to find salvation. How were these similar to Christian’s and how were they different? Discuss how Christian’s family responded to his desire for salvation and how your family responded. Contrast Christian’s haste to find rest for his soul to your experience. Did you prolong salvation or did you instantly respond to the Spirit’s call?

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J O U R N A L **T W O** C H A P T E R 1 B

* The sloughs of despond are present in our lives, too. Discuss an area of sin in your life which has been hard to find freedom from. Discuss how the idea of mud (or mire) is suitable to describe these sins. Create a plan of action for dealing with this sin, and purpose to implement it in your life.

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Plan of Action:: Remember to list things you *should do* (proactive) as well as things you should *avoid* in order to be victorious.

DO AVOID

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